RAS (Remote Access Service)
Server Side
On the Configuration page, Select Enable Remote Desktop

Choose the remote connection type, and note the Firewall will be opened... and can be modified
Add and Select users who have an account on the server

When finished, the Remote Assess will be enabled
Client Side

In the Control Panel, locate Remote tools. If not there go to the point where you can turn on or off Windows features.

The RemoteApp
Choose to Set up a new connection

Enter the URL

Type the URL to set up a new connection

Connection URL: http://wtc522win08serv

Tell me more about RemoteApp and Desktop Connections

Next  Cancel
Final step before connection is made

Ready to set up the connection

Connection URL: https://wtc522win08serv

Windows is ready to add available resources (programs and desktops) from this connection to your computer. To continue, click Next.

If you continue, links to remote programs, files, and computers will be downloaded and added to your computer. These links will be updated periodically and automatically from the connection URL. Don't continue unless you recognize the connection URL above and know where it came from.

Tell me more about RemoteApp and Desktop Connections